

Ham Youth Centre

SUMMER HOLIDAY PROGRAMME

For 2023, Ham Youth Centre is offering an exciting variety of themed weeks for **10 to 16 year olds** where they can try new things, make new friends and learn new skills.

A healthy nutritious lunch is provided every day that young people are involved in making.

All weeks are based at Ham Youth Centre apart from week 2, which is at the Fusebox in Kingston.

Contact us:

Ben Skelton MA - Youth Work Lead Practitioner

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Address:

Ham Youth Centre, Ham Close, Ham TW10 7PL



**CREAT:VE
YOUTH**

 **achieving
for children**

WEEK 1:

Monday 24 to Thursday 27 July, 12pm to 4pm

HONG KONG WEEK

Alongside regular youth club activities, we will be celebrating the culture, food, art and music of young people from the local Hong Kong community, many of whom attend our centre.

MONDAY

Chinese cooking with a professional Cantonese chef

TUESDAY

Lion dance workshop

WEDNESDAY

Fai Chun art workshop

THURSDAY

Dragon boating at Albany Outdoors in Kingston

WEEK 2:

Tuesday 1 to Friday 4 August, 12pm to 4pm

ARTS WEEK @ FUSEBOX

**2 BUCKLAND'S WHARF, THAMES SIDE,
KINGSTON KT1 1TF**

We will be running four arts based courses each day from the exciting new arts space for young people run by Creative Kingston based in Kingston town centre just under John Lewis by the river. Young people can choose on the day which activities they want to do.

12.15PM TO 1.45PM Textiles with 'Makers United' or drama with 'Ignite Me Theatre'

2.30PM TO 4PM Lino printing with 'Creative Youth' or street dance with 'Melodie'

WEEK 3:

Tuesday 8 to Friday 11 August 11am to 5pm

YOUNG FILMMAKERS WITH RICHMOND THEATRE

We will be working with professional filmmakers to create a movie. There will be a wide range of roles for young people to take part in, from creating the theme and script to acting and camera work.

The first three days will be at Ham Youth Centre. An exclusive premier of the final films will be screened at Richmond Theatre on the Friday.

WEEK 4:

Tuesday 15 to Friday 18 August, 12pm to 4pm

A WEEK OF WELLBEING

The run up to GCSE results being released can be a stressful time. This week we will have general youth club activities running but also tasters in lots of relaxing, nurturing activities to enhance young people's mind, body and soul!

EACH DAY:

3PM TO 4PM MIND will run a drop in corner offering relaxation and breathing exercises and a friendly ear for anyone that wishes to talk.

12.30PM TO 2.30PM Art for wellness workshops.

Alongside this we will have:

TUESDAY	Anxiety relief workshop	THURSDAY	Aromatherapy
WEDNESDAY	Kundalini Yoga	FRIDAY	Crystal healing

Places are all free we just ask that young people try and commit to a whole week.

To book a place please use this QR code:



For more information contact Ben Skelton on ben.skelton@achievingforchildren.org.uk

Ham Youth Centre, Ham Close, Ham TW10 7PL
(see map)

