

Stay safe



Street crime is often opportunistic, so making yourself less of a target, moving with purpose and being aware of your surroundings will go a long way to keeping you safe. Here's where you'll discover more tips on how to stay safe and feel more confident when out and about.

Be prepared

Plan your route in advance. Carry a charged mobile phone and some cash, and tell someone where you're going.

Be assertive

From the moment you step out onto the street in the morning, look assertive and act and walk with confidence. This will always make you appear in control and much less vulnerable.

Be aware

Using a mobile phone, whether making a call or texting, wearing a hood or listening to loud music, all affect your awareness of your surroundings.

Hide it

Keep your valuables including your mobile phone, other devices and jewellery, hidden. Remember, out of sight, out of mind.

Go against the flow

When walking on the pavement, always face oncoming traffic, as it will make it far more difficult for thieves on two wheelers to ride up from behind and snatch your property. But still also be aware of anyone approaching from ahead of you.

Trust your instincts

Try to avoid walking alone at night in places such as parks and side streets or any unfamiliar environment. If you do have to walk, stick to busy places where is a lot of activity, CCTV and good lighting.

Safety in numbers

Try to travel with people you know and, where possible, stick to routes and forms of transport that others are using and avoid shortcuts in lonely places.