

Occupational Therapy advice for self-isolation

Hi All,

With some children self-isolating, I thought it might be helpful to send this link out to parents from the Local Offer.

It includes clear Occupational Therapy handouts and advice on specific topics e.g. hand skills, dressing skills postural stability, sensory strategies etc. I think this is the best way for parents and families to access advice that is universal and they can select what they need. There might be some useful things for parents to do with their children while they are at home.

<https://kr.afcinfo.org.uk/pages/local-offer/information-and-advice/health-services/health-services-kingston/community-paediatric-occupational-therapy/occupational-strategies-and-advice>

I hope this is helpful.

Occupational Therapy